THE BUDDHA NATURE

Buddha nature is the highest potential inherent in all. When it is fully developed, this is called enlightenment. The goal of Buddha's teaching is to realize our perfect mind, that is, our Buddha nature. Of particular importance in Diamond Way Buddhism is the Pure View of the world. Buddha gave the teachings on Buddha nature only towards the end of his life, when some of his disciples were mature enough to understand and implement them.

What we really are is our Buddha nature, the potential of perfect joy. It is the underlying reality of everything, the "heart of perfect awakening.
It is our natural endowment, inherent in all living beings, including animals. This potential is unlimited by space and time.

Why do we not experience this potential, but conditional states such as birth, illness, old age and death, which always cause suffering?
One can think of Buddha nature as the sun, which has its full radiance even on cloudy days, but is veiled by clouds. The clouds prevent access to its warmth and light. In the same way, one does not experience the open boundlessness of our mind, but has a confined, "clouded" view. The veils that shroud Buddha nature are based on fundamental ignorance: the mind, since "beginningless time," has a dual nature. It has the clarity to see and know everything externally, but is not able to see itself. The space of the mind - that which sees - says "I", and that which is seen - the world outside - is conceived as "you" or "other".

All problems begin with this duality. These show up as the three emotional reaction patterns of attachment, rejection, and indifference, or in other words, desire, hatred, and stupidity. These cloud perception and thereby influence all actions one performs with body, speech and mind, and would thus become the cause of the accumulation of karma (impressions in the mind). From the karmic tendencies, in turn, the entire experience arises.

If one were to identify oneself not with this limited function but with Buddha nature, all suffering states would come to an end. To get there, one applies Buddha's methods.

The Pure View is especially important in Diamond Way Buddhism. Everyone is a Buddha, one has simply not yet recognized this.

Supporting on this path is a qualified teacher as an example and inspiration. He gives access to the meditations, in which the main point is to identify with Buddha-aspects, which perfectly express the nature of the mind, together with their characteristics. In this way, one transforms the limited level of ego experience more and more into the experience of Buddha nature.

Because one already has this seed within oneself, it is possible for the development within oneself to succeed with the help of one's meditation. One also needs the warmth of trust and the blessing of the teacher for the seed to grow properly. In this way, one frees oneself from hope and fear, and instead experiences unconditional joy, love, compassion and fearlessness.

The goal of the Buddha's teaching is to recognize one's own Buddha nature, to lift this still undiscovered treasure, to enjoy its richness and to share it with others.