ANSWERS TO WS 3

BUDDHA‘S LIFE STORY – A SIMILAR WAY TODAY?

Exercises

Compare Buddha's life with your circumstances, wishes and goals. Are there similarities? What are differences? Does Buddha's story give impulses for today?

Discuss in the group.

BUDDHAS LIFE STORY		MY LIFE STORY
rich, carefree, good education, good family, friends, expectations of parents	**What are the basics and conditions in life?**	good basic supply, mostly carefree, good education, good family, many friends, freedom
find a way for lasting happiness for all beings	**What are your wishes and goals?** **Outer goals - inner goals?**	learn a good profession to be successful, to start a family, to travel... become a good person, become wise, be loving, ... and more... also unconventional wishes ...
he left the old, he sought teachers, meditated until he realized enlightenment	**What possibilities are there to realize these wishes and goals?**	vocational training, studies, travelling, openness for new things, for friends, getting involved in new experiences, going new ways, questioning things ...