INFORMATION FOR TEACHERS

COURSE OF LESSON – SECONDARY LEVEL II

OBJECTIVES

The students will be able to:

- name the characteristics of Buddhism as a "religion of experience".
- reflect on the intersections between Buddhism and philosophy, psychology, religion and science.
- understand the similarities between Buddhist philosophy and modern physics.
- explain the conditionality of thoughts and feelings.

DEEPENING KNOWLEDGE/TRANSFER	Reflection on reality, form and emptiness Reflection on body, thoughts, feelings	**WS 3 and Answers to WS 3** Students approach an understanding of "emptiness **Material 4** Students sumarize
(OPTIONAL) DEEPENING	Comparison of scientific statements with core points of Buddha's teachings	**Material 3** **WS 2 and Answers to WS 2** Students evaluate the text by asking questions and compare the results
EXERCISE	Buddhas Teaching – Religion oder science?	**Material 2** **WS 1 and Answers to WS 1** Students note down characteristics Students compare results
INTRO	What are the points of contact between Buddhism and religion, philosophy, psychology and science?	**Material 1** Students bring in their previous knowledge and define areas

BASIS

What might interest the students about the topic:

- What did Buddha teach?
- How does Buddhism relate to religion, philosophy, psychology, and science?
- Can we still benefit from his teachings today?

NOTE: THE SEC I LESSON PROVIDES A BASIC OVERVIEW OF BUDDHA'S TEACHINGS.