ANSWERS TO WS 5

COMPASSION AND WISDOM WORK TOGETHER

Here you can find some personal questions about this topic:

Are there examples in your life where you have acted too kindly (with too much compassion)?

- I borrow money and notice that the other person wastes it and doesn't think to give it back. I feel sorry for her/him and don't trust her/him with the good solution.

Have there been situations where you were smart but cold-hearted (with wisdom but little heart)?

- I give a solution too quickly without encouraging her/him to find a solution herself/himself. I give wise advice without helping. Maybe she/he would have needed warmth and understanding too.

Name situations where you were pleased with your action and the other person was also pleased (where compassion and wisdom were balanced).

- I comforted a child who fell while roller skating and explained how to brake properly.
- I didn't just let them copy when they did their homework, I also explained the way to solve it.

Find examples of situations where you could act differently than you have in the past by considering the well-being of others.

- Instead of looking the other way when a classmate is being bullied, I address the problem openly.
- I help my parents around the house and take on regular chores.

Draw an avatar that heroically handles a difficult situation with compassion and wisdom.

- A creative, fun illustration is encouraged.