ANSWERS TO WS 1

A STORY FROM THE LIFE OF PRINCE SIDDHARTHA, THE LATER BUDDHA

EXERCISES

1. How does someone get the idea of striving for enlightenment when he does not even know this goal?

- Someone suspects that there is more to life than the "normal".
  - There must be a way to lasting happiness!
  - There must be a level that allows more depth/freedom/happiness.
  - One has the deep desire to be useful for the beings.

2. Did Siddhartha have any idea in which direction his path would take him?

- The path must go inward.
- You can't find lasting happiness on the outside, because everything is constantly changing.
- Everything really meaningful can only be found in one's own mind.

3. What might the goal of "enlightenment" look like?

- All the inner qualities appear.
- One is happy.
- One can do anything.
- One has a natural desire to benefit others.