ANSWERS TO WS 4

ENLIGHTENMENT EXPRESSES ITSELF IN COMPASSION AND WISDOM AND ACTIVITY

EXERCISES

1. Gain an understanding of the concepts of fearlessness, joy and compassion, wisdom and activity from the above text.

Fearlessness arises because the experiencing mind is unlimited and indestructible.

Joy arises because we experience the playful richness.

Compassion arises because the happiness of others is important.

Wisdom recognizes cause and effect, understands impermanence and the relativity of attributions, recognizes that subject, object and deed are a wholeness.

Activity exists in four spheres of action, one acts supra-personally, effectively for the benefit of beings.

2. Consider whether these qualities are relevant to yourself.

Individual answers are encouraged.

3. Can you imagine people walking this path to enlightenment nowadays?

One hears about it. There are different Buddhist directions, e.g. Zen, Theravada, Mahayana, Diamond Way....