INFORMATION FOR TEACHERS

COURSE OF LESSON – SECONDARY LEVEL II

OBJECTIVES

The students will be able to:

- explain the terms "liberation" and "enlightenment" from a Buddhist perspective.
- understand the developmental path to enlightenment from a Buddhist perspective.
- reflect on habitual perception and judgment.
- understand the connection between lasting happiness and enlightenment.

KNOWLEDGE TRANSFER	Outside the comfort zone -every journey begins with the first step	**Material 4** Students discuss the cartoon
EXERCISE 2	Expression of enlightenment in compassion and wisdom	**Material 3** **WS 4 and Answers to WS 4** Students secure understanding and establish personal reference
DEPPENING KNOWLEDGE 2	Vajra Song of an enlightened Yogi	**Material 2** Students let impression have an effect on them
(OPTIONAL) DEEPENING 1	Habitual perception and judgment	**WS 3 and Answers to WS 3** Students question perception and judgement
EXERCISE 1	Overcoming the ego illusion	**WS 2 and Answers to WS 2** Students reflect on ego concept and feelings
INSIGHT	Is there such a thing as lasting happiness?	**WS 1 and Answers to WS 1** Students work on core questions about Buddha's quest
INTRO	We are very inventive in the pursuit of happiness.	**Material 1** Students think of examples from their experience and associations

FOUNDATION

What might interest the students in the topic:

- What do we focus our lives on?
- What is enlightenment?
- Was only the historical Buddha enlightened?
- Can any person attain enlightenment?