ANSWERS TO WS 2

DEATH AND REBIRTH FROM A BUDDHIST PERSPECTIVE

EXERCISE

Discuss the questions with your partner and mark the appropriate places in the text.

Possible answers:

1. What is the relationship between mind and body from a Buddhist perspective?
   Mind connects to a new body from life to life. Bodies come into being and pass away.
   Mind is indestructible.

2. How does our life come into being from the Buddhist point of view?
   Consciousness is drawn to the future parents.
   It connects with the seed and egg of the parents and a new life is formed.
   A new body is formed.

3. Why should the dying person be left alone for half an hour after clinical death?
   Because internal processes are still going on that should not be disturbed.

4. Can one support the deceased?
   Yes, with compassion, conscious presence and giving confidence.

5. Can one die without fear?
   - One can consciously live sensibly and do as little as possible that is burdensome
   - One can consider cause and effect and set meaningful seeds for the future
   - One can meditate
   - If one understands that the mind in its true essence is timeless and unlimited