ANSWERS TO WS 1 A THOUGHT EXPERIMENT

1. If reincarnation exists, which rebirth would you prefer?
   Discuss in the group and write down your ideas.

Possible individual answers about what and how you would like to be, and where:

e.g. I would like to be King of England, Formula 1 driver, a famous singer, chef, doctor, inventor ...

a sound in the universe, handsome, intelligent, rich, happy ...

in a good environment, with intact environment ...

2. Consider what causes are necessary to achieve this rebirth. What can you do now to start with a better starting position in the next round? Write down your ideas in bullet points - fun ideas are also allowed.

I should already train and develop appropriate skills!

Doing good brings good results.

I cannot influence it now, can I?

Make wishes that it happens.

Already train myself, maintain appropriate contacts and build up meaningful habits.

3. Formulate a core statement about cause and effect.

Examples:

I can only reap what I have sown.

Every action has consequences.

Without a cause, there is no effect.