ANSWERS TO WS 1

DEATH - BEYOND PREVIOUS CONCEPTIONS - SUDDENLY IN THE VASTNESS OF SPACE

EXERCISES

Discuss in groups.

1. What does the change of perspective trigger in the mouse? What is the new experience?
   - wow, magnificent in the sky
   - the mouse has never seen the world like this
   - it feels free and light
   - it is amazed and stunned
   - it is not afraid
   - it has the view from above for the first time

2. Relate this new experience to the Buddhist quotation.
   - in death the ego leaves the familiar realm
   - the mind can grasp its vastness
   - its essence is like space, open and boundless
   - death is a door into a new space

BUDDHIST MODEL - WHERE DO WE COME FROM? - WHAT HAPPENS AFTER DEATH?

3. Explain the graphic.

The students summarize a description of the cycle of rebirths in their own words. It is not yet about a basic understanding, but the students ask questions and approach by guessing. For instance, is the cycle endless? How do one achieve liberation? Aha, there is a gap! What could it mean? What is enlightenment? Is there no turning back?