ANSWERS TO WS 3

THE SECOND LEVEL: FULL ENLIGHTENMENT AND DEVELOPMENT OF ALL BUDDHA QUALITIES

Buddha did not want this freedom only for himself, but he wanted to show the way to lasting happiness for all beings. The great attitude of thinking of all accomplishes great things. With this super-personal view, one acts out of compassion and wisdom and uses the enlightened qualities for the benefit of beings wherever they are open.



EXERCISES

1. Formulate a possible Buddha's statement for each area: thinking, knowing, feeling, acting

I think of all beings and wish them to happiness.
I see the situation clearly and without limitations and see what is needed.
I am happy and joyful and have a lot of compassion.
I act without selfishness and with wisdom.

2. Lotus flower and diamond are well-known symbols of enlightenment. What could these symbols stand for?



openness, purity, unfolding



clarity, radiance, abilities